

Leire Urrecho Díaz de Guereñu

FENNSI Group

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I did the Physiotherapy degree between 2018 and 2022. I completed internships at Alto Deba Hospital in Mondragon, Paso a Paso neurorehabilitation centre in Pamplona and at Ubarmin Centre in Pamplona. During the last academic year of the degree, I took a course on hypopressive techniques for the pelvic floor. After completing the degree, I began working at the “Corazón sin Fronteras” association as a physiotherapist in cardiorespiratory rehabilitation. In 2023, I continued my professional career at a back school, providing rehabilitation for patients that suffered from back pain. Rehabilitation consisted of individualized therapeutic exercise, along with education in pain mechanisms. During this period, I completed a Master's Degree in Early Intervention. In September 2024, I began the Master's degree in Neurological Physiotherapy, and at the end of October of the same year, I joined the Functional Exploration and Neuromodulation of the Nervous System (FENNSI) group at the National Hospital for Paraplegics. I began my clinical research career through a peripheral stimulation project to reduce tremor in Parkinson's patients. I also receive ongoing training in the movement disorders unit at the University- based Hospital of Toledo.